

PECO Cross Country League 2022-23: Race 5 (Roundhay Park)
Senior Men's Results For Team Scores

Position	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	Valero	Marcos	Valley Striders AC	MSEN	25:38	1	
2	Douglas	Benjamin	Hyde Park Harriers	MSEN	25:51	2	Y
3	Mccourt	Lawrence	Ilkley Harriers	MSEN	26:07	3	
4	Humphries	Andrew	Airecentre Pacers	MSEN	26:21	4	
5	Cairns	Andrew	Wharfedale Harriers	MSEN	26:30	5	
6	Vogel	Joost	Valley Striders AC	M35	26:55	1	
7	Hobbs	Edward	Ilkley Harriers	MSEN	27:08	6	
8	Young	Jonathan	Valley Striders AC	MSEN	27:11	7	
9	Dighton	Oliver	Hyde Park Harriers	MSEN	27:11	8	
10	Hardy	Nick	Saltaire Striders	MSEN	27:12	9	Y
11	Clayton	Daniel	Hyde Park Harriers	MSEN	27:28	10	
12	Athersmith	Lee	Wharfedale Harriers	M40	27:29	1	
13	Boynton	Philip	Horsforth Harriers	MSEN	27:33	11	
14	Shanks	John	Valley Striders AC	M35	27:35	2	
15	Anderson	George	Hyde Park Harriers	MSEN	27:37	12	
16	Jenkins	Liam	Abbey Runners	MSEN	27:49	13	
17	Dickinson	George	Bradford Airedale AC	MSEN	27:52	14	Y
18	Burns	Ali	Wharfedale Harriers	M40	27:56	2	
19	Muir	Harry	Wharfedale Harriers	MSEN	27:57	15	
20	Mckeown	Daniel	Ilkley Harriers	M40	27:59	3	
21	Herrington	Richard	St Therasas AC	M40	28:08	4	
22	Gott	Steven	Ilkley Harriers	M45	28:18	1	
23	Kirk	Adam	Nidd Valley Road Runners	MSEN	28:18	16	
24	Kernick	Carl	Saltaire Striders	M45	28:20	2	
25	Townson	Sam	Hyde Park Harriers	MSEN	28:22	17	
26	Vargas	Michael	Hyde Park Harriers	M35	28:25	3	
27	Carter	Dom	York Postal Harriers	MSEN	28:28	18	
28	Mitchell	Tom	Harrogate Harriers & AC	MSEN	28:34	19	
29	Wood	Jack	Ilkley Harriers	MSEN	28:35	20	
30	Whitfield	Fraser	Chapel Allerton Runners	MSEN	28:35	21	Y
31	Brown	Andy	Saltaire Striders	M50	28:37	1	
32	Stirk	Adam	Wharfedale Harriers	M35	28:53	4	
33	Graham	Jamie	St Therasas AC	M45	28:57	3	
34	Panesar	Rav	Valley Striders AC	M40	28:58	5	
35	Holmes	Christian	Wharfedale Harriers	M45	29:02	4	
36	Jones	Simon	Abbey Runners	MSEN	29:14	22	
37	Thompson	Danny	Ilkley Harriers	M40	29:16	6	
38	Turner	Andy	Roundhay Runners	M35	29:17	5	
39	Harrold	Brian	Chapel Allerton Runners	M35	29:24	6	
40	Mortimer	Charles	Chapel Allerton Runners	M40	29:25	7	
41	Moakler	Ben	Roundhay Runners	M40	29:36	8	

42	Tracey	Ciaran	Hyde Park Harriers	MSEN	29:39	23	
43	Mann	Gary	Valley Striders AC	M40	29:40	9	
44	Pyznar	Tomasz	Rothwell Harriers & AC	M35	29:43	7	
45	Hutchison	Ross	Abbey Runners	M40	29:43	10	
46	Grinnell	Andrew	St Therasas AC	M45	29:45	5	
47	Wells	Simon	Kirkstall Harriers	M35	29:47	8	
48	Middlemas	David	Valley Striders AC	M45	29:49	6	
49	Abrams-Cohen	Michael	Ilkley Harriers	MSEN	29:53	24	
50	Fillingham	Martin	Saltaire Striders	M50	29:54	2	
51	Holmes	Matthew	Abbey Runners	M45	29:55	7	
52	Charlesworth	Nicholas	Wharfedale Harriers	M55	29:56	1	
53	Adkins	Tobias	Hyde Park Harriers	MSEN	29:57	25	
54	Young	Robert	Kirkstall Harriers	MSEN	29:57	26	
55	Richardson	Gareth	Bradford Airedale AC	MSEN	29:58	27	Y
56	Fisher	Daniel	Valley Striders AC	M40	29:59	11	
57	West	Darren	Harrogate Harriers & AC	M60	30:03	1	
58	Dennis	Paul	Wharfedale Harriers	M40	30:12	12	
59	Morton	Joseph	Roundhay Runners	M40	30:15	13	
60	Patrickson	Alex	Nidd Valley Road Runners	MSEN	30:16	28	
61	Llewellyn	Ryan	Kirkstall Harriers	MSEN	30:16	29	
62	Goodwin	Jacob	Chapel Allerton Runners	MSEN	30:17	30	
63	Coldwell	Ben	Kirkstall Harriers	MSEN	30:19	31	
64	Yong	Chin	St Therasas AC	M35	30:24	9	
65	Gallagher	Mike	Hyde Park Harriers	M35	30:26	10	
66	Isaac	Oliver	Hyde Park Harriers	MSEN	30:27	32	
67	Kerr	Will	Saltaire Striders	M45	30:32	8	
68	Pownall	Jonathan	Valley Striders AC	MSEN	30:34	33	
69	Carvello	James	Roundhay Runners	M40	30:36	14	
70	Dunbar	Stuart	Saltaire Striders	M60	30:40	2	
71	Pratt	John	Hyde Park Harriers	M40	30:41	15	
72	Knighton	Richard	Hyde Park Harriers	MSEN	30:46	34	
73	Nunn	Sam	Chapel Allerton Runners	MSEN	30:54	35	
74	Grave	Paul	Valley Striders AC	M45	30:57	9	
75	Morrison	Cairn	St Therasas AC	M45	31:01	10	
76	Green	Joseph	Chapel Allerton Runners	MSEN	31:03	36	
77	Walker	Bobak	Roundhay Runners	M40	31:03	16	
78	Anderton	Tom	Chapel Allerton Runners	MSEN	31:05	37	
79	Brienen	Stef	Abbey Runners	MSEN	31:09	38	
80	Rickerby	Dylan	Rothwell Harriers & AC	M45	31:14	11	
81	Marquina	Daniel	Hyde Park Harriers	M35	31:19	11	
82	Fanaroff	Dominic	Abbey Runners	MSEN	31:20	39	
83	Fox	Billy	Nidd Valley Road Runners	MSEN	31:23	40	
84	Brown	Paul	Rothwell Harriers & AC	M55	31:25	2	
85	Elmes	Joseph	Hyde Park Harriers	MSEN	31:29	41	

86	Barrick	David	Abbey Runners	M35	31:30	12	
87	Bysouth	Tom	Abbey Runners	M40	31:31	17	
88	Fromyr	Jon	Hyde Park Harriers	M40	31:34	18	
89	Ahmed	Abdu	Hyde Park Harriers	MSEN	31:40	42	
90	Townend	Darren	Nidd Valley Road Runners	M45	31:41	12	
91	O'brien	Alan	Kirkstall Harriers	M35	31:42	13	
92	Akers	Rohan	Wharfedale Harriers	M45	31:49	13	
93	Mather	David	Chapel Allerton Runners	M45	31:51	14	
94	Dearden	Mike	Chapel Allerton Runners	M40	31:52	19	
95	Lines	Charles	Ackworth Road Runners	M60	31:53	3	
96	Garratt	Richard	Hyde Park Harriers	M45	31:54	15	
97	Scholefield	Phillip	Abbey Runners	MSEN	31:55	43	
98	Todd	Andy	Nidd Valley Road Runners	M55	31:55	3	
99	Walker	Richard	Airecentre Pacers	M45	31:56	16	
100	Greenland	Rob	Chapel Allerton Runners	M45	31:57	17	
101	Blakeley	Matthew	Roundhay Runners	M50	31:59	3	
102	Anthoney	Iain	Roundhay Runners	MSEN	32:00	44	
103	Wilshaw	Stacy-Pau	Chapel Allerton Runners	M40	32:07	20	
104	Strutt	James	Harrogate Harriers & AC	M45	32:08	18	
105	Davis	Alex	York Postal Harriers	MSEN	32:11	45	
106	Powell	Ed	Roundhay Runners	M40	32:12	21	
107	Hipkiss	Jack	Kirkstall Harriers	MSEN	32:16	46	
108	Aubrey	Ryan	Ackworth Road Runners	M35	32:17	14	
109	Tarran	James	Valley Striders AC	M55	32:17	4	
110	Bandy	Clive	Valley Striders AC	M40	32:20	22	
111	Gerrish	Adam	Ilkley Harriers	MSEN	32:22	47	
112	Rogerson	Tom	Abbey Runners	M40	32:24	23	
113	Maudsley	Ian	St Therasas AC	M40	32:25	24	
114	Lister	Mike	Chapel Allerton Runners	M35	32:25	15	
115	Macdonald	Matthew	Roundhay Runners	MSEN	32:26	48	
116	Perkinson	Andrew	Horsforth Harriers	M45	32:28	19	
117	Lee	Derek	Airecentre Pacers	M40	32:30	25	
118	Westmoreland	Jason	Rothwell Harriers & AC	M50	32:35	4	
119	Kernick	Michael	Saltaire Striders	M45	32:39	20	
120	Davey	Richard	Wetherby Runners AC	M50	32:41	5	
121	Rose	Stefan	Roundhay Runners	M40	32:41	26	
122	Martin	Laurence	Pudsey & Bramley AC	M40	32:41	27	
123	Coade	Jonathan	Hyde Park Harriers	MSEN	32:42	49	
124	Newbould	Steve	Nidd Valley Road Runners	M45	32:44	21	
125	Davies	Jonny	Rothwell Harriers & AC	M35	32:44	16	
126	O'boyle	Stephen	Abbey Runners	M45	32:47	22	
127	Kent	Craig	Abbey Runners	MSEN	32:54	50	
128	Rhule-Samuel	Joel	Abbey Runners	MSEN	32:55	51	
129	Lofthouse	Martin	Nidd Valley Road Runners	M55	32:57	5	

130	Dow	Will	Hyde Park Harriers	MSEN	32:59	52	
131	Stevenson	Dan	Hyde Park Harriers	M35	32:59	17	
132	Carter	Jim	York Postal Harriers	M45	33:00	23	
133	Wilkin	Tom	Chapel Allerton Runners	MSEN	33:00	53	
134	Goldthorpe	Rory	Abbey Runners	M40	33:02	28	
135	Evans	Michael	Rothwell Harriers & AC	M40	33:08	29	
136	Mcguire	David	Abbey Runners	M50	33:12	6	
137	Simenton	Ben	Pudsey & Bramley AC	MSEN	33:14	54	
138	Pearson	Marc	York Postal Harriers	M40	33:16	30	
139	Walmsley	Daniel	Wharfedale Harriers	M35	33:20	18	
140	Shakhlevich	Nick	Hyde Park Harriers	M35	33:22	19	
141	Moore	Jed	Hyde Park Harriers	MSEN	33:23	55	
142	Wilkinson	Chris	Roundhay Runners	MSEN	33:23	56	
143	Engel-Clarke	Tom	Abbey Runners	MSEN	33:23	57	
144	Sanderson	Ian	Valley Striders AC	M50	33:25	7	
145	Fotherby	Paul	Valley Striders AC	M45	33:31	24	
146	Lillford	Stephen	Abbey Runners	M40	33:34	31	
147	Longmate	Kevin	Kirkstall Harriers	M35	33:34	20	
148	Lawson	Gregor	Hyde Park Harriers	MSEN	33:40	58	
149	Robinson	Michael	Ackworth Road Runners	M35	33:45	21	
150	Sharpe	Matthew	Abbey Runners	MSEN	33:46	59	
151	Hickman	Martin	Rothwell Harriers & AC	MSEN	33:48	60	
152	Hill	Andy	Kippax & District Harriers	M50	33:54	8	
153	Ellmore	Steve	Knaresborough Striders	M55	33:56	6	
154	Cornforth	Philip	Knaresborough Striders	M50	33:58	9	
155	Moger	Adam	Kirkstall Harriers	M45	33:59	25	
156	Karlin	Ben	Airecentre Pacers	M35	33:59	22	
157	Burnard	Andrew	Horsforth Harriers	M40	34:00	32	
158	Isherwood	David	Chapel Allerton Runners	M45	34:05	26	
159	Haynes	Richard	Airecentre Pacers	M35	34:06	23	
160	Mcfadden	Colin	Horsforth Harriers	M55	34:09	7	
161	Bolland	Thomas	Saltaire Striders	M40	34:10	33	
162	Hudson	John	Saltaire Striders	MSEN	34:12	61	
163	Shaw	Mathew	Knaresborough Striders	MSEN	34:12	62	
164	Dalton	Kevin	Nidd Valley Road Runners	M35	34:13	24	
165	Edmondson	Iain	Wetherby Runners AC	M50	34:15	10	
166	Rickerby	Torin	Rothwell Harriers & AC	MSEN	34:16	63	
167	Mortada	Moustafa	Roundhay Runners	M40	34:19	34	Y
168	Taylor	Lee	Hyde Park Harriers	M45	34:26	27	
169	Wray-Rogers	Luke	Abbey Runners	M45	34:26	28	
170	O'donnell	Ged	Abbey Runners	M40	34:29	35	
171	Al-Janabi	Daoud	Kirkstall Harriers	MSEN	34:33	64	
172	Partridge	Simon	York Postal Harriers	M45	34:36	29	
173	Singleton	David	Ilkley Harriers	M45	34:40	30	

174	Hartley	Ben	Hyde Park Harriers	M45	34:46	31	
175	Veevers	Luke	Bradford Airedale AC	M45	34:46	32	
176	Fulton	Aron	Airecentre Pacers	M35	34:47	25	
177	Clegg	Steven	Harrogate Harriers & AC	M45	34:48	33	
178	Sklinar	Stu	Roundhay Runners	M35	34:51	26	
179	Murray	Lewis	Pudsey & Bramley AC	MSEN	34:53	65	
180	Fennah	Alex	Wetherby Runners AC	MSEN	34:55	66	
181	Lay	Richard	Kippax & District Harriers	M45	35:00	34	
182	Albrecht	Jason	St Therasas AC	M40	35:06	36	
183	Rodgers	Mike	Wetherby Runners AC	M40	35:10	37	
184	Huggins	Roy	Valley Striders AC	M60	35:10	4	
185	Frazer	Simon	Saltaire Striders	M45	35:12	35	
186	Davy	Alan	Kippax & District Harriers	M40	35:12	38	
187	Eagle	Jonathan	Horsforth Harriers	M60	35:13	5	
188	Gill	Michael	Harrogate Harriers & AC	M55	35:14	8	
189	Long	Vernon	Valley Striders AC	M55	35:14	9	
190	Payne	Nick	Hyde Park Harriers	M35	35:16	27	
191	O'loughlin	Ethan	Valley Striders AC	MSEN	35:21	67	
192	Scaife	Nigel	Nidd Valley Road Runners	M50	35:24	11	
193	Buller	Jim	Wetherby Runners AC	M50	35:25	12	
194	Roberts	Daniel	Hyde Park Harriers	MSEN	35:26	68	
195	Ashworth	Richard	Abbey Runners	M45	35:30	36	
196	Mellor	David	St Therasas AC	M50	35:34	13	
197	Laughton	Mark	York Triathlon Club	M55	35:34	10	
198	Budding	Robert	Ilkley Harriers	M55	35:37	11	
199	Parry	David	Chapel Allerton Runners	M35	35:43	28	
200	Burke	Joseph	Roundhay Runners	MSEN	35:48	69	
201	Easton	Jonathan	Nidd Valley Road Runners	M40	35:50	39	
202	Hadfield	Sam	Hyde Park Harriers	MSEN	35:51	70	
203	Ryan	Jamie	Hyde Park Harriers	MSEN	35:52	71	
204	Morland	Stephen	Knaresborough Striders	M50	35:58	14	
205	Bernardo	Paul	Ackworth Road Runners	M45	36:02	37	
206	Jones	Carl	York Triathlon Club	M35	36:09	29	
207	Parish	Byron	Chapel Allerton Runners	M50	36:10	15	
208	Craven	Paul	Abbey Runners	M55	36:12	12	
209	Snow	Matthew	Ilkley Harriers	M45	36:18	38	
210	Jones	Richard	St Therasas AC	M40	36:21	40	Y
211	Cobb	Chris	Roundhay Runners	M35	36:31	30	
212	Smith	Paul	Valley Striders AC	M50	36:37	16	
213	Howard	Barney	Ackworth Road Runners	M35	36:39	31	
214	Hoos	Craig	Airecentre Pacers	M50	36:41	17	Y
215	Tattersall	Andrew	Knaresborough Striders	M55	36:43	13	
216	Turner	Steven	Nidd Valley Road Runners	M50	36:50	18	
217	Hindson	Adam	Hyde Park Harriers	M50	36:56	19	

218	Spencer	Tim	Saltaire Striders	M65	36:57	1	
219	Pawley	Graham	Valley Striders AC	M55	36:58	14	
220	Tryc	Pawel	Saltaire Striders	M40	36:58	41	
221	Freeman	Paul	Horsforth Harriers	M55	36:58	15	
222	Bastin	Tony	Abbey Runners	M55	37:01	16	
223	Shepherd	Stuart	Chapel Allerton Runners	M40	37:02	42	
224	O'hara	Colm	Roundhay Runners	M50	37:07	20	
225	Leach	Scott	Horsforth Fellandale	M45	37:08	39	
226	Gibson	Paul	St Therasas AC	M45	37:11	40	
227	Bower	David	Saltaire Striders	M55	37:13	17	
228	Schelvis	Leigh	Hyde Park Harriers	M35	37:15	32	
229	Howard	Ashley	Harrogate Harriers & AC	MSEN	37:18	72	
230	Fells	Alex	Hyde Park Harriers	MSEN	37:29	73	
231	Carlton	James	Saltaire Striders	MSEN	37:30	74	
232	Dickson	Tom	Horsforth Harriers	MSEN	37:31	75	
233	Gregory	Mark	Rothwell Harriers & AC	M60	37:36	6	Y
234	Marshall	Guy	Knaresborough Striders	M55	37:37	18	
235	Kendell	John	Chapel Allerton Runners	M45	37:47	41	
236	Jewitt	Fred	Chapel Allerton Runners	MSEN	37:50	76	
237	Morley	David	St Therasas AC	M65	37:50	2	
238	Metcalfe	Kevin	Harrogate Tri Club	M50	37:50	21	
239	Morrey	David	York Triathlon Club	MSEN	37:50	77	
240	Greene	Paul	Abbey Runners	M60	37:52	7	
241	Whitby	Mark	York Postal Harriers	M55	37:53	19	
242	Hammond	Paul	Kippax & District Harriers	M60	37:56	8	
243	Brewster	Keith	Valley Striders AC	M65	38:02	3	
244	Shamim	Salman	Pudsey & Bramley AC	M45	38:11	42	
245	Harrop	Andrew	Knaresborough Striders	M55	38:17	20	
246	Crebbin	Nick	Nidd Valley Road Runners	M50	38:19	22	
247	Hick	Matthew	St Therasas AC	M40	38:28	43	
248	Walker	John	Roundhay Runners	M60	38:30	9	
249	Nicholas	Kevin	Nidd Valley Road Runners	M55	38:40	21	
250	Turner	Graham	Airecentre Pacers	M45	38:41	43	
251	Balkwill	James	Abbey Runners	M50	38:43	23	
252	Jenkins	Dean	Abbey Runners	M60	38:46	10	
253	Kirk	Stephen	Harrogate Harriers & AC	M50	38:47	24	
254	Taylor	Drew	Valley Striders AC	M60	38:50	11	
255	Hull	Mark	Ackworth Road Runners	M50	38:50	25	
256	Mitchell	Philip	St Therasas AC	M55	38:51	22	
257	Ehrlich	Alexander	Horsforth Harriers	M40	38:53	44	
258	Seddon	Tim	St Therasas AC	M60	38:53	12	
259	Dobinson	Derek	Knaresborough Striders	M45	38:55	44	
260	Miran	Sohail	Bradford Airedale AC	M50	38:58	26	
261	Bisset	Andy	Horsforth Harriers	M50	39:03	27	

262	Rayner	Iain	St Therasas AC	M45	39:06	45	
263	Livesey	Phil	Rothwell Harriers & AC	MSEN	39:12	78	
264	Pine	Andrew	Saltaire Striders	M45	39:13	46	
265	Fugill	Sam	Nidd Valley Road Runners	M35	39:16	33	
266	Slater	James	Valley Striders AC	M50	39:18	28	
267	Ward	John	Abbey Runners	M70	39:20	1	
268	Weight	Dave	Roundhay Runners	M55	39:21	23	
269	Walker	Will	Ackworth Road Runners	M40	39:25	45	
270	Adcock	Richard	Valley Striders AC	M50	39:37	29	
271	Cuthbertson	Nic	Chapel Allerton Runners	M60	39:48	13	
272	Ward	Roger	Rothwell Harriers & AC	M60	40:02	14	
273	Hodge	Tony	Roundhay Runners	M50	40:05	30	
274	Butler	Jamie	York Postal Harriers	M45	40:05	47	
275	Whittaker	James	Abbey Runners	M55	40:10	24	
276	Gebbett	Martin	Horsforth Fellandale	M60	40:15	15	
277	Verity	Jack	Saltaire Striders	M60	40:20	16	
278	Hussey	John	Valley Striders AC	M70	40:25	2	
279	Shaw	Brian	Rothwell Harriers & AC	M55	40:28	25	
280	Sawyer	Chris	Valley Striders AC	M60	40:41	17	
281	Clarke	Andy	Knaresborough Striders	M45	40:55	48	
282	Travis	Alan	Ilkley Harriers	M45	41:02	49	Y
283	Winder	Bill	Ackworth Road Runners	M45	41:04	50	
284	Leslie	David	Abbey Runners	M70	41:11	3	
285	Foster	Stephen	Bradford Airedale AC	M55	41:19	26	
286	Shekar	Chandra	Nidd Valley Road Runners	M45	41:25	51	
287	Jones	Justin	Roundhay Runners	M45	41:27	52	
288	Morris	Christopher	Nidd Valley Road Runners	M50	41:31	31	
289	Womersley	David	Horsforth Harriers	M70	41:33	4	
290	Blatherwick	John	Hyde Park Harriers	M35	41:34	34	
291	Steele	Joe	Roundhay Runners	M50	41:35	32	
292	Duffy	Richard	Horsforth Harriers	M70	41:46	5	
293	Underwood	James	Hyde Park Harriers	MSEN	41:55	79	
294	Deighton	Andy	Knaresborough Striders	M50	41:56	33	
295	White	Paul	Valley Striders AC	M75	42:33	1	
296	Butler	Robert	Hyde Park Harriers	M40	42:40	46	
297	Bell	Richard	Wetherby Runners AC	M55	42:57	27	
298	Messenger	John	Kippax & District Harriers	M75	42:59	2	
299	Judd	Andy	Hyde Park Harriers	M55	43:04	28	
300	Patchett	Ian	Abbey Runners	M60	43:06	18	
301	Callaghan	Peter	Wetherby Runners AC	M60	43:11	19	
302	Hill	Chris	Airecentre Pacers	M65	43:16	4	
303	Hillas	Stephen	Saltaire Striders	M60	43:30	20	
304	Fox	Ken	Valley Striders AC	M60	43:31	21	
305	Edwards	Richard	Hyde Park Harriers	M45	43:34	53	

306	Ramsden	Paul	Hyde Park Harriers	M45	43:41	54	
307	Bowman	Geoff	Roundhay Runners	M60	43:41	22	
308	Tinker	Mick	Valley Striders AC	M65	43:44	5	
309	Tasker	Richard	Hyde Park Harriers	M35	44:09	35	
310	Leijssen	Roar	Ilkley Harriers	M45	44:35	55	
311	Griffiths	Alun	Saltaire Striders	M65	44:42	6	
312	Sutton	Leroy	Valley Striders AC	M65	44:55	7	
313	Irving	John	Roundhay Runners	M65	44:55	8	
314	Duckworth	Roger	Nidd Valley Road Runners	M50	44:56	34	
315	Kidner	Ralph	Hyde Park Harriers	M45	45:04	56	
316	Allison	Dave	Ackworth Road Runners	M40	45:13	47	
317	Jones	Martin	Roundhay Runners	M55	45:13	29	
318	Reyes	Manuel	Dragons Running Club (Leeds)	M45	45:27	57	
319	Foulkes	Bartley	Horsforth Harriers	M65	45:29	9	
320	Smith	Andrew	Ackworth Road Runners	M45	45:34	58	
321	Ellwood	Andy	York Postal Harriers	M55	45:55	30	
322	Ackroyd	John	Abbey Runners	M50	46:01	35	
323	Brown	Stephen	Hyde Park Harriers	M55	46:30	31	
324	Mistry	Mohanlal	Saltaire Striders	M60	46:31	23	
325	Pullan	Richard	Hyde Park Harriers	M60	46:32	24	
326	Coupe	Andrew	Airecentre Pacers	M35	46:45	36	
327	Clarkin	Oliver	Hyde Park Harriers	MSEN	46:49	80	
328	Taylor	Malcolm	Kirkstall Harriers	MSEN	46:57	81	
329	Ellis	Adam	Abbey Runners	M45	47:04	59	
330	Sedgley	Neil	Valley Striders AC	M55	47:50	32	
331	Metcalfe	Daniel	Horsforth Fellandale	M40	48:00	48	
332	Ibrahim	Joseph	Abbey Runners	M45	48:24	60	
333	Jackson	Bob	Valley Striders AC	M70	48:29	6	
334	Watson	Kevin	Horsforth Harriers	M75	48:32	3	
335	Godden	Jeremy	St Therasas AC	M60	49:23	25	Y
336	Sutton	Mark	Kippax & District Harriers	MSEN	49:33	82	
337	Bywater	Chris	Rothwell Harriers & AC	M70	49:57	7	
338	Gibb	Ewan	Saltaire Striders	M35	50:31	37	
339	Burke	Kieran	Roundhay Runners	MSEN	51:29	83	
340	Taylor	Ian	Horsforth Harriers	M55	51:40	33	
341	Newell	Jason	Hyde Park Harriers	M50	52:49	36	
342	Hyde	Graham	Nidd Valley Road Runners	M45	53:18	61	
343	Waddington	Thomas	Chapel Allerton Runners	MSEN	53:31	84	
344	Nodwell	Adam	Kirkstall Harriers	M35	53:45	38	